

# Services Offered

## **Rhona Jordan, C.Git, C.CHT**

Guided Imagery Therapist • Medical and Dental Hypnosis

Reiki Master • Primordial Sound Meditation Instructor

Author of her forthcoming book, *33 Guided Imageries for the Soul*

**(714) 974-4094 • [www.rhonaimagery.com](http://www.rhonaimagery.com) • [rhonaimagery@aol.com](mailto:rhonaimagery@aol.com)**

### **Clinic Imagery offerings:**

Imagery offered during your physical therapy treatment is powerful. Rhona talks to your body/mind helping you to relax, release tight places, tension and direct blood flow to the parts of the body that are calling out for attention. Supporting you, encouraging hope and healing. Recording the session is recommended for reinforcement (record on your phone). You can listen to your custom recording during any future physical therapy treatments or at home.

### **Private two hours Imagery Session**

This is the most efficient for addressing all issues with the body, mind or spirit. Whatever concerns you, perhaps illness, grief, or something you may want change like a habit that no longer serves you, or enhance creativity, prepare for a final exam at school, dealing with an uncomfortable situation, preparing for a medical or dental procedure. Recording the session is recommended for reinforcement (record on your phone).

### **Meditation**

Meditation is silent intelligence, the Fourth State of Consciousness. Primordial Sound Meditation is offered to receive your Mantra. The mantra is an instrument or vehicle of the mind. It has no meaning; it is a frequency, a vibration that was humming in the universe at the time of your birth. Rhona is a Primordial Sound Meditation Instructor, a graduate of Chopra University.

### **Public Speaking**

Do you have a need for a speaker with a very interesting topic? Rhona offers a one hour presentation "The Healing Power of Imagery". Rhona is available to share how imagery is really quantum mechanics and easily used for unbounded creative potential for healing the body, or any situation for change.