

ALTERNATIVE HEALTH CARE DISCLOSURE

Rhona Jordan, C.GIt, C.Cht

The undersigned Client acknowledges that he or she has been informed of the following information.

Hypnotherapist agrees to provide professional services in accordance with acquired training and experience giving undivided attention during schedule consultations to facilitate Client's benefits. Hypnotherapist work is Client centered. Services provided utilize induction of hypnosis and methods and principles used to help clients discover their inner creative abilities to develop positive thinking and feeling and to transform undesirable habits and solving personal problems, developing achieving goals. Client may be taught the use of self-hypnotic techniques to assist in achieving goals and resolving issues that have been mutually agreed upon by Client and Hypnotherapist.

Hypnosis is not a state of sleep, but is a natural state of mind that can produce extraordinary levels of relaxation of mind, body and emotions. The principles and theories upon which hypnotherapy are based are accessing and utilizing the power of one's resources. Hypnosis can transcend the critical, analytical level of mind, and facilitate the acceptance of suggestions, directions and instructions desired by the Client. The therapeutic use of Hypnosis can also elicit information and insights from the inner mind. During hypnotherapy sessions, client's sensations are perceived enriched and vivid. The ability to visualize or imagine is enhanced. Deep relaxation is common. Many describe the hypnotic state as a complete and total escape from physical tension and emotional stress, while remaining completely alert. The Hypnotherapist utilizes interviews, discussion and hypnotic methods dealing with underlying issues whenever appropriate, with the goal to achieve effective and lasting results.

The use of hypnosis could elicit memories of past events which may or may not be literally true. It is possible that events under hypnosis will be distorted or misconstrued. Memories or images evoked under hypnosis are not necessarily accurate and may be a construction or a composite of memories. Without corroborating information, it is not possible to determine whether a specific memory is true or false, even if it seems true to the client.

Services to be provided do not include the practice of medicine. These services are non-diagnostic, and are complementary to the healing arts services. Rhona Jordan is a legal Alternative Healthcare Provider and not a California licensed healing arts practitioner.

With your permission, I may touch your hand or your shoulder. **Initial** _____

Signature _____

Date _____

Complimentary Healthcare Disclosure Form in accordance with 2003 Business and Professions Code 2051, 2052 2053 of the State of California.

Rhona Jordan C.GIt, C.Cht
Guided Imagery Therapist, Medical, Dental, and Clinical Hypnosis Therapists,
Reiki Master, and Primordial Sound Meditation Instructor
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I, Rhona Jordan, Certified Medical, Dental Clinical Hypnosis Instructor, Certified Guided Imagery Therapist, Meditation Practitioner and Primordial Sound Meditation Instructor have acquired the following education, training, experience, and qualifications to perform the services offered to my Clients. In addition, I have fulfilled or surpassed continuing education to meet all specifications and am in good standing of the following: :

Certified Hypnosis Instructor for the International Hypnosis Federation
Certified Guided Imagery Therapist
Certified Guided Imagery Guide (sm)
With over thirty years of Guided Imagery experience
Certified and Registered International Hypnosis Federation
Certified and Registered American Board of Hypnotherapist
Certified and Registered International Association of Clinical Hypnotherapist
Certified Clinical Hypnotherapist American Institute of Hypnotherapy
Certified and Registered National Guild of Hypnotists
Certified and Registered International Medical & Dental Hypnotherapy Association
Certified Childbirth Hypnosis Specialist
Certified HypnoAnesthesia & Pain Management Specialist
Certified Child Hypnotherapy Specialist and Certified Pediatric Hypnosis
Educated in Regression Therapy in New Delhi, India
Certified Regression Therapy Specialist
Certified Forensic Hypnosis
Member Academy for Guided Imagery
Member International Hypnosis Federation
Past Membership American Holistic Health Association
Past Membership American Association for the Study of Mental Imagery
Past Membership Association for Humanistic Psychology
Past Membership Association for Integrative Psychology
Primordial Sound Meditation Instructor graduated from Chopra University and has joined the global teacher's path.
Continuing Education

Rhona Jordan is a legal Alternative Healthcare Provider and not a California licensed healing arts practitioner. I understand the information described, listing Rhona Jordan Hypnosis education, training, experience, and other qualifications regarding the services to be provided. **Initial** _____

Client Signature _____

Date _____