**Suggested Books**

**Rhona Jordan, C.Git, C.CHt**

**Guided Imagery Therapist, Medical & Dental Hypnosis, Reiki Master**

**Primordial Sound Meditation Instructor**

**(714) 974-4094**

[**www.Rhonaimagery.com**](http://www.Rhonaimagery.com) **or** [**Rhonaimagery@aol.com**](mailto:Rhonaimagery@aol.com)

Your Amazing Itty Bitty Imagery Book by Rhona Jordan

Your Amazing Itty Bitty Interstitial Cystitis Book by Rhona Jordan Published by end of 2017

Your Amazing Itty Bitty Meditation Book by Rhona Jordan Published by end of 2017

You are the Universe by Deepak Chopra

The TM Book (Transcendental Meditation) by Denise Denniston

Buddha’s Book of Meditation by Joseph Emet

Catching the Big Fish by David Lynch (meditation)

Transcendence by Norman Rosenthal (meditation)

Quantum Healing (revised 2015) by Deepak Chopra M. D.

Super Genes by Deepak Chopra

Molecules of Emotion by Candice Pert Ph.D.

The Biology of Belief by Bruce Lipton Ph.D.

Love, Medicine & Miracles by Bernie S. Siegel M.D.

A Book of Miracles by Bernie S. Siegel M.D.

The Art of Healing by Bernie S, Siegel M. D.

The Spontaneous Healing of Belief by Gregg Braden

The Divine Matrix by Gregg Braden

You are the Placebo, Making your Mind Matter by Dr. Joe Dispenza

Cell-Level Healing by Joyce Hawkes Ph.D.

Buddha and the Quantum, Hearing the Voice in Every Cell by Samuel Avery

Guided Imagery for Self-Healing by Martin Rossman, M.D.

Free Yourself from Pain by Dr. David Bresler

The Essential Spontaneous Fulfillment of Desire by Deepak Chopra

Magical Beginnings, Enchanted Lives by Deepak Chopra M.D.

The power of your Child’s Imagination by Charlotte Reznick, Ph.D.

Guided imagery for Healing Children and Teens by Ellen Curran

You are Stardust by Ellen Kelsey (science book for children)

Guided Imagery for Groups by Andrew E. Schwartz

30 Scripts for Relaxation, by Julie Lusk

Anatomy of an Illness by Norman Cousins