

# Reiki is Universal Life-Force Energy

## Rhona Jordan, C.Git, C.CHT

Guided Imagery Therapist • Medical and Dental Hypnosis

Reiki Master • Primordial Sound Meditation Instructor

Author of her forthcoming book, *33 Guided Imageries for the Soul*

(714) 974-4094 • [www.rhonaimagery.com](http://www.rhonaimagery.com) • [rhonaimagery@aol.com](mailto:rhonaimagery@aol.com)

### REI describes the Universal and Boundless Aspect of Energy KI is the Vital Life Force

Reiki is a Specific Technique for directing, restoring and balancing your natural life-force (light) energy for healing. We understand the power of intention and thought forms in today's science called Quantum Physics, and the Quantum Field. Albert Einstein in his formula  $E=MC^2$  proclaimed that light and matter are interchangeable. Everyone is born with Reiki, for it is the energy of life. You don't have to believe it or understand it for Reiki to work.

- Reiki easily combines with medical therapies, exercise & nutrition
- Loosens blocked energy
- Promotes a State of total relaxation
- Adjust its self-according to your needs
- For personal growth and physical healing
- Supports the body's natural ability to heal itself
- Works with all living beings, animals and plants
- Ki naturally flows in the field of pure intelligence
- Reiki is an extremely pleasant, holistic method of healing
- Reiki's history in India can be traced back 2,500 years to the Sanskrit Sutras. This ancient technique traveled to Tibet, China, Egypt, Greece, Rome, Japan and the Hawaiian Islands. Reiki is Natural Healing – Health maintenance – Art and Science