

# Suggested Readings

## Rhona Jordan, C.Git, C.CHT

Guided Imagery Therapist • Medical and Dental Hypnosis

Reiki Master • Primordial Sound Meditation Instructor

Author of her forthcoming book, *33 Guided Imageries for the Soul*

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- 33 Guided Imageries for the Soul (forthcoming) by Rhona Jordan, C.Git
- The TM Book (Transcendental Meditation) by Denise Denniston
- Buddha's Book of Meditation by Joseph Emet
- Catching the Big Fish by David Lynch (meditation)
- Transcendence by Norman Rosenthal (meditation)
- Quantum Healing (revised 2015) by Deepak Chopra M. D.
- Super Genes by Deepak Chopra
- Molecules of Emotion by Candice Pert Ph.D.
- The Biology of Belief by Bruce Lipton Ph.D.
- Love, Medicine & Miracles by Bernie S. Siegel M.D.
- A Book of Miracles by Bernie S. Siegel M.D.
- The Art of Healing by Bernie S, Siegel M. D.
- The Spontaneous Healing of Belief by Gregg Braden
- The Divine Matrix by Gregg Braden
- You are the Placebo, Making your Mind Matter by Dr. Joe Dispenza
- Cell-Level Healing by Joyce Hawkes Ph.D.
- Buddha and the Quantum, Hearing the Voice in Every Cell by Samuel Avery
- Guided Imagery for Self-Healing by Martin Rossman, M.D.
- Free Yourself from Pain by Dr. David Bresler
- The Essential Spontaneous Fulfillment of Desire by Deepak Chopra
- Magical Beginnings, Enchanted Lives by Deepak Chopra M.D.
- The power of your Child's Imagination by Charlotte Reznick, Ph.D.
- Guided imagery for Healing Children and Teens by Ellen Curran
- You are Stardust by Ellen Kelsey (science book for children)
- Guided Imagery for Groups by Andrew E. Schwartz
- 30 Scripts for Relaxation, by Julie Lusk
- Anatomy of an Illness by Norman Cousins