

# **Rhona Jordan**

## **Certified Primordial Sound Meditation Instructor**

### **Rhona Jordan, C.Git, C.CHT**

Guided Imagery Therapist • Medical and Dental Hypnosis

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Certain sounds create specific responses in the body. It has been scientifically demonstrated that a mantra instills a sense of well-being and is a vibrant force for healing, creativity, spiritual enlightenment, longer healthier life and manifesting. Using this sacred mantra sound takes you deeper and faster into meditation. The Vedic Scholars knew this over 5000 years ago and from these sounds created a language called Sanskrit. The ancient language of Sanskrit is based on the primordial sounds of the cosmos and the word mantra, man the “mind” and tra is “to free from”. A mantra is a tool to free the mind in order to expand awareness. Connecting with the same sound of the cosmos/universe at the time of your birth is using vibrational and frequency awareness in the quantum field of all possibility.

Your own sacred Primordial Sound Meditation mantra (the cosmic vibrational and frequency sound) is recreated from an ancient Vedic mathematical formula based on the position of the moon at the time and location of your birth. This formula has been revised by Vedic Scholars, practiced and taught by David Simon and Deepak Chopra.

Meditating using your primordial sound is powerful beyond measure; imagine an entire office or family meditating together, Imagine the military, government and nations meditating together. Rhona offers you, your family, friends and coworkers your personal sacred Primordial Sound Mantra over three days, at a time and location in Orange County, California that is convenient for you. Also Primordial Sound Meditation Mantra is offered over 3 days on Skype or Facetime. For more mantra information please go to Rhona’s web site [www. Rhonaimagery.com](http://www.Rhonaimagery.com) or phone (714) 974-4094